

Sandstones Pískovce 2022 3-days orienteering event INSTRUCTIONS



1 st – 3 rd July 2022
Orientační klub Doksy, z. s.
Meadow " <u>Enkláva</u> " near Žďár village, 50.5062667N, 14.6929989E.
Daytime stage individual foot line orienteering (fixed order of controls).
Will be provided by the organizers at the event centre. Parking fee for the participants is included in the entry fee. Arrival from Okna or Žďár village along the road II/273, at the turn to Luka village (o-flag) turn onto a paved forrest road, follow the signs. The road will be one-way - for arrival on Friday until 5:30 pm CET on Saturday and on Sunday until 11.30 am CET, then for departure from the arena. It is forbidden to park vehicles along the access road.
Registration office in the event centre will be open on Friday from 1:00 pm CET to 3:00 pm CET, other days from 8.30 am CET to 9:30 am CET. The instructions, start lists, club start lists and invoices are available in ORIS. Excess payments will be returned to the bank account, please send an email with your request to p.kostejn@seznam.cz, include the bank account where to transfer the excess. SI card can be rented for 50 CZK / person. In addition to the rent, unregistered competitors will pay a refundable deposit of 800 CZK / SI card. The deposit will be refunded after the race against the returned SI card. Registered competitors are not required to pay the deposit but in case of loss or non-return, a fee of 800 CZK will be charged. Late entries only according to vacancies

CATEGORIES:

Н	-10; -12A,B; -14A,B; -16A,B; -18; 21E,A,B; 35-; 40-; 45-A,B; 50-A,B; 55-; 60-; 65-; 70-; 75-; 80-;
D	-10; -12A,B; -14A,B; -16A,B; -18; 21E,A,B,C; 35-A,B; 40-A,B; 45-A,B; 50-A,B; 55-; 60-; 65-;
	70-; 75-;
T10	Taped course – for children younger than 10 years old
T10P	Taped course – for children younger than 10 years old with parents
T-OPEN	Taped course without age limit
T-FIT	Medium difficulty courses with open start

Note:

Competitors H/D21 were classified into subcategories according to the status of the ranking as of 31.5.2022. With regard to the number of registered competitors, the subcategories H18A and H18B, H35A and H35B, H40A and H40B, H55A and H55B, H60A and H60B, H65A and H65B, D18A and D18B, D55A and D55B were merged. Categories H/D20A,B were canceled due to minimal interest and competitors were transferred to the relevant subcategories H/D21.

PROGRAMME: 1 st July (Friday)	Event centre open for competitors: 1:00 pm CET Start Stage E1: 4:00 pm CET	
2 nd July (Saturday)	Start Stage E2: 10.00 am CET	
3rd July (Sunday)	Start Stage E3: 10:00 am CET Prize-giving ceremony: cca 3:00 pm CET	

TRAINING: There will be no organized training (change compared to the Invitation).

STAGES:

E1 1 st July 2022 (Friday)	16:00 CET (interval)	Middle distance
E2 2 nd July 2022 (Saturday)	10:00 CET (interval)	Long distance
E3 3 rd July 2022 (Sunday)	10:00 CET (interval)	Middle distance

Start Stage E1 – 00=4:00 pm - change compared to the Invitation!

Competitors must be at the start at least 3 minutes before their starting times. Competitors in T categories start at any time according to the arrival at the start, but no later than the start time of 90.

The overall results will be calculated as a sum of each competitor's times in all three stages.

START LISTS: Published in ORIS and on event websites, displayed in the event centre and in the start area.

CONTROL DESCRIPTION: Available in the event centre.

MAPS:E1:Kukaččí skála 1 : 10 000, e5m, author Tom Novák 2022, ISOM2017, print ŽaketPraha (offset), water-ressistant paper Pretex, 21x20 cm.

E2: Enkláva 1 : 15 000, e5m, for categories H/D18-40, author Tom Novák 2022, ISOM2017, print Žaket Praha (offset), water-ressistant paper Pretex, 24x24 cm.

Suť 1 : 10 000, e5m, for other categories, author Tom Novák 2022, ISOM2017, print Žaket Praha (offset), water-ressistant paper Pretex, 24x24 cm.

E3: Suť 1 : 10 000, e5m, autor Tom Novák 2022, ISOM2017, print Žaket Praha (offset), water-ressistant paper Pretex, 24x24 cm.

There are no special map symbols. Rootstocks are not mapped. Tall trees - seedlings in clearings and lower thickets are not mapped!

TERRAIN: E1 - Rocky, very rugged with many terrain and sandstone details, well runnable.

E2 - Mostly well runnable pine forest with many paths and intersections, partly flat, partly rugged rock areas with many details.

- E3 Pine forest, mostly rugged terrain with many details and sandstone rocks.
- FORBIDDEN AREAS: All forest areas except ways to the start and from the finish.

On course: It is forbidden to use the railway body as a route. In addition, the place of possible shortening will be marked with red and white tape, checked and violations will be punished by disqualification.

- STARTS:In Stage E2, there are two starts:
Start S1 for categories H/D18-40.
Start S2 for categories H/D10 až H/D16 a H/D45 and older, as well as all T
categories.
- MARKED ROUTES: For all stages: From the start line to the beginning of orientation marked with orange ribbons, from the last control to the finish marked with orange ribbons or red and white tape.

For stage E2: Categories H/D18 – H/D40 cross railroad from the control no. 85 to the control no. 48, marked road with orange ribbons.

- **REFRESHMENTS:** On course Water and syrup will be at the finish of each stage. In stage E2 refreshments on course, water and ionic drink available. Refreshment on the course signed on the map or in the control description with a cup symbol.
- **PUNCHING SYSTEM:** SPORTident, electronic units will be set to the BEACON touchless punching mode, including finish units (enabling punching up to a distance of 0.5 m). Before the start, the competitor is obliged to reset (CLEAR unit) and check (CHECK unit) the card in the relevant start corridor. When punching the finish unit, the touchless punching turns off. In case of failure of SI units at the controls, the competitor is obliged to mark the passage of the control by punching the map physically by the pliers. The competitor is obliged to hand over the map with the spare punching for inspection at the finish. The competitor is obliged to read the card after the finish, even in case of non-completion of the race. The read-out will be in the event. centre.
- **RULES:** The competitions are held according to the rules of Czech orienteering federation.
- **MAP WITHDRAWAL:** Maps will not be collected. Please, observe the fair-play!
- **TIME LIMIT:** 90 minutes for Stage E1 and E3, 180 minutes for Stage E2.
- **FINISH CLOSURE:** After the expiration of the time limit for the last starting competitor.

DISTANCES: Event centre -> start:

Stage E1 -2000 m, blue and white ribbonsStage E2 -Start S1 2700 m, blue and white ribbons (H/D18-40)
Start S2 1300 m, red and white ribbons (other categories)Stage E3 -2600 m, blue and white ribbons

Finish -> event centre: E1 - 1900m

E2 and E3 finish is in the centre

Parking -> event centre:

Parking is in the event centre.

TOILETS: Mobile toilets (TOI TOI) in the event centre.

Stage E1: Mobile toilets at the start.

Stage E2: Mobile toilets at the start S2, no toilets at the start S1, it is possible to use mobile toilets located about halfway to the start.

Stage E3: Mobile toilets at the start.

MEDICAL SERVICE: Competitors start at their own risk. Basic medical service will be provided at start (+420 605 530 932) and in the event centre (+420 724 183 433). Telephone contact to ambulance emergency is 155. The competitor pays any further medical service from their own health insurance. The closest hospital is in Česká Lípa (23 km) or Mladá Boleslav (26 km).

- **CHILDREN'S RACE:** The race for the youngest children will always be open in the event centre one hour before the start and subsequently during the race. Participants will receive a diploma and a small sweet.
- KINDERGARTEN:The kindergarten will be open throughout the race in the event centre. There
will be a tent in case of bad weather. Please give your children refreshments.
The organizer is not responsible for any children's toys.
- **MYTÍ, PŘEVLÉKÁNÍ:** Changing in club tents; washing in stainless steel washbasins.
- **FOOD AND DRINKS:** Before and after the race in the event centre there will be a refreshment tent for the purchase of snacks (drinks, meals) and a coffee stand.
- **RESULTS:**Preliminary live results will be online at https://liveresultat.orientering.se; inlimited form displayed in the event centre. Final official results will be availablein ORIS and event. website.
- PRIZE-GIVING CEREM.: After the end of the last stage, top 3 competitors will be awarded with diplomas and prizes in categories not divided into subcategories and in subcategories A and E of categories divided into subcategories. In other subcategories only the winner (diploma) will be announced. Categories T-FIT and T-OPEN are not announced, in category T10P everyone receives a small sweetness.
- **PROTESTS:**During the competition in a written form to the main referee with deposit 400
CZK, after the competition with the deposit to the adress: Daniel Novák,
Kružberská 1911/7, 100 00 Praha 10 Strašnice or via email
daniel novak@centrum.cz.
- **JURY:** The members of the jury will be published in the event centre.

MAIN ORGANIZERS:

Event director: Main referee: Course setters:	Jan Kmínek Daniel Novák (R2) Stage E1 - Jakub Škoda, Stage E2 - Tom Novák, Stage E3 - Matouš Fürst
Sport director:	Tom Novák
Arena:	Jaroslav Novák
Logistics:	Marcel Šmol
Technical director:	Antonín Synek
Registration, info:	Pavel Koštejn
Start:	Lenka Dolejší
Finish:	Petra Synková
ICT:	Vratislav Lamač
Parking:	Miloš Dolejší
Children's race:	Petra Hradecká
Kindergarten:	Michala Kmínková

Information: Event website (<u>sandstones.ok-doksy.cz</u>), in case of question send an email to <u>sandstones@email.cz</u>.

PERSONAL DATA PROTECTION AND PHOTOGRAPHY (GDPR): By registering to this event, each participant agrees to publish their personal data to the extent required by the Czech orienteering federation format in the form of: entry form, starting list and results on the event website, in the ORIS

information system and at the event centre. In accordance with § 89 of Act No. 89/2012 Coll., The Civil Code, news photographs will be taken during the races to inform public about the race, etc. Furthermore, photographs can be taken for competitors' personal use as a reminder of races, for promotion of the orienteering club, etc. - especially from the prize-giving ceremony and the finish area. If you do not agree with pictures of you being taken, please notify the photographer explicitly.

THANKS:

The competitions take place with the support of the town of Doksy and ZD Březovice.

Sandstones | Pískovce 2022 take place on the territory managed by the state enterprise Czech State Forest. They are also your forests, let's be considerate here.