

**Nice Holidays with orienteering in Bohemian Paradise**  
**BULLETIN 2: TECHNICAL INSTRUCTIONS FOR COMPETITORS**

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### **Covid-19 epidemiological measures**

The current anti-epidemic measures with the following rules apply to the sporting event:

- Only persons who have been vaccinated, tested, or who have had Covid-19 disease within the past 180 days may participate in the event. See the affidavit in IS ORIS.
- Affidavits will be collected from participants at the information booth at the presentation in exchange for turquoise wrist bands. We prefer bulk submission per club or group and number of bands matching the number of team members will be issued. Those staying at the campsite will receive a second purple band. For more details please see the accommodation section.
- **Without a turquoise armband, participants will not be allowed to start in any of the stages or stay in the event centre including catering and other event areas.**
- **The same rules apply to team accompaniment, parents, vendors and other event participants as to competitors!**
- In case of staying within the closed premises (Kacanovy Cultural House), it is necessary to use a face mask or respirator.
- Keep your distance - do not queue at the stalls, toilets, at the notice board (everything is also online) or while waiting for the start or finish.
- Disinfectant containers will be placed in the race centre and by the toilets.

### **COMMON INFORMATION FOR ALL STAGES**

#### **Event Center (EC):**

Kacanovy, at the Cultural House located at GPS 50.5503925N, 15.1451711E

Unfortunately the whole meadow in Kacanovy could not be secured for the races as in previous years. The centre of the races is mainly in the vicinity of the cultural house, where you can find the registration office, information booth, results, refreshments, a small area for competitors, toilets and a children's corner.

On the part of the meadow near the swimming pool there will be a place reserved for commuting racers (no possibility of setting up club tents), sport shops, washing facilities, showers, mobile toilets and of course the race camp with cars of the accommodated runners.

In case of bad weather, it is possible to use the facilities of the cultural house (no running shoes and mandatory face mask).

In the EC, we ask competitors to:

- to avoid parking outside of the designated areas otherwise you will face the risk of being fined by the Czech police, Bohemian Paradise PLA and disqualification from the race!
- be always careful when crossing the roads, especially near the cultural centre
- do not enter surrounding private lands and private area near the event center

- sort waste: yellow bags are for plastic, blue / black for mixed waste.
- to save water
- do not camp outside the camping area

**Event center organization:**



**Registration and info point:**

Submission of affidavits, issue of wristbands, payment of overpayments, and changes. Clubs that have payments in order are kindly asked to download documents and receipts directly from ORIS to save time and avoid queues.

Friday 20. 8. 2021 13:30 – 14:30

Saturday 21. 8. 2020 9:00 – 9:30

Sunday 22. 8. 2020 8:30 – 9:00

**Parking:**

It is not possible to park directly in the event centre, there is a car park within walking distance for competitors. It is forbidden to park outside the parking lots reserved by the organizer! There is also a ban on overnight stays in the car parks, if you want to sleep in your car it is still possible to use our campsite. Please follow the instructions of the organisers when parking.

The parking fee is 100,- CZK for all three stages and the purchased parking ticket is also valid for cars parked in the campsite.

Parking is for daily commuting, capacity 400 cars, distance to the EC 600 m

Parking camp is for residents only, capacity 150 cars, distance to the EC 150 m

**Accommodation:** The organizer provides the camp for those who have booked it in IS ORIS. The accommodated racers will wear a second purple wristband. Please keep the night peaceful from 10 pm to 6 am.

**Washing:** There are washing troughs with drinking water and showers for the participants within the race camp (about 150 meters from the event center). The use of shampoos, soaps and detergents is prohibited in all areas.

**Catering:** Catering is provided by Vegit with their great offering of vegetarian meals (soup, two main dishes, vegetable stuffed pockets, salad, ciders, waffles, ice cream) as well as by the organizer (steaks, hot dogs, cakes, beer, soft beer, lemonades, etc.).

If possible, bring your own cups in order to reduce the amount of plastic waste. Thank you.

**Babysitting:** In the EC only for necessary time of your race.

**First aid:** First aid available at the info point.

**Control descriptions:** Only in the EC, situated on the info-board.

**Punching system:** *SportIdent* for all stages. The SI units will be set to contactless beacon mode. The SIAC-test unit will be located at the start. In case of malfunction of electronic punching, you have to punch manually to the "R boxes" on the map. In this case, the map must be returned immediately to the organizers at the finish. Please check your SI number with the number provided on the startlist. In case of discrepancy, ask for a correction on the registration desk. In case of loss of hired SI an amount of CZK 1,000 will be charged.

**SI reading:** Available in the EC located in the village of Kacanovy. We ask the competitors to read the SI cards immediately after returning from the race.

**Preliminary results:** The preliminary results will be posted on the info-board every 30-50 minutes. Live results from all stages will be available on-line at: <https://liveresultat.orientering.se>, local Wi-Fi and TV screen in the EC.

**Regulation:** Race is regulated according to ČSOS rules. Winning times according to the competition rules of ČSOS. Courses of stage 2 (long distance) will be approx. 20% shorter.

**Key for results evaluation:** Determining the overall ranking of a competitor in the class is given by a simple sum of time from all three stages.

**Prize giving ceremony:** On Sunday, August 22, 2020 at about 2:30 pm in the EC. The first three Competitors from all classes will be awarded. In the HDR, D/H10, D/H10L classes, all participants will receive a small prize at the end of the ceremony.

**Protests:** With a deposit of 200 CZK to the main referee of the stage. Protests against official results may be delivered to the following address: OOB TJ Turnov, Skálova 207, 511 01 Turnov.

**Jury:** Iva Kavánková - TZL, Matěj Burda - BOR, Jana Kubátová - CHA (all CZE)

**Other:**

- Way to the start is marked by blue-white ribbons.
- The HDR and HD10L courses are marked by red-white plastic ribbons.
- HDR class has 2 maps available for both children and accompaniment.
- All maps are waterproof (pretex).
- Maps at the finish will not be collected. Please, keep fair-play!
- Pay attention in the rocks! **You compete at your own risk.**
- Ownership of the map does not allow you to organize individual training sessions nor team training camps! Consult the planned activities with the OOB TJ Turnov and with the forest and PLA administrations.
- **It is strictly forbidden to use any type of shoes with metal spikes, and applies also to ankle boots with spikes!!!** Compliance will be checked at start! We do not recommend shoes with a smooth sole for any of the stages.
- Sales and promotional activities in the event center, in the vicinity of the event center, in pre-start or finish areas and along routes to start and finish are possible only with the organizer's prior approval!

Thank you for coming and enjoy Nice Holidays!

Good luck in the forest and the right direction wishes you the organizing team OOB TJ Turnov!

Jindřich Kořínek  
chairman of the club OOB TJ Turnov

Pavel Žemlík  
Head the of organising team

Web: <http://www.tur.cz/pekneprazdniny/>

<http://www.niceholidays.cz>

The competition is held in the Protected Landscape Area Bohemian Paradise. Follow the rules!

IT IS STRICTLY FORBIDDEN TO USE ANY TYPE OF SHOES WITH METAL SPIKES!

### **ACCOMPANYING PROGRAM**

- Saturday 21.8. – O-RUN The Best Puncher show 2021 – More information below

## STAGE 1 – Middle distance

Friday 20. 8. 2021

**Start:** 00 = 3:00 pm

Interval start, HDR class has a free start from 3:00 pm to the time of the last starting competitor according to the starting list for the respective stage.

Distance EC – Start: 1,300 m, 50 m climb

**Map:** Svatá Anna

Scale 1 : 10 000 for DH16 – DH21; 1 : 7 500 for other classes

Contour interval 5 m

Mapping standard ISOM 2017-2

Surveyed in summer 2021 by P. Matula a Z. Sokolář

Special map symbols: green circle - prominent large tree; green cross - root stock; brown triangle - small plateau

**Finish:** Distance from finish area to EC: 1,250 m. Time limit 90 minutes.

**Terrain:** Rocky and very challenging terrain, several smaller rock towns, steep slopes with stones. Partly fast plateau. We recommend covering lower limbs.

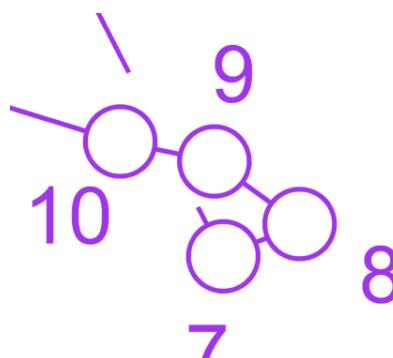
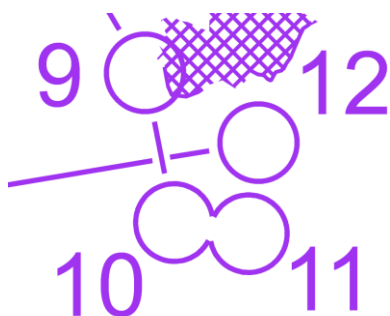
**Course setter:** Filip Wolf (R3)

**Controller:** Šárka Sokolářová (R2)

**Warning:**

- Ways to the start and from the finish lead partly along the road. Be very careful. Educate or accompany your children. The common part of the way is marked only by blue-white ribbons, a separate part of the way from the finish is marked by red ribbons.
- There will be toilets and drinking water at the pre-start.
- There are high cliffs and very dangerous areas in the competition area. Be careful. You compete at your own risk.

- Pay close attention to the sequence of control numbers. Read carefully codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules).



#### Embargoed areas:

- Strict ban on entry to private land and all fences. Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.

## STAGE 2 – Long distance

**Saturday 21. 08. 2021**

**Start:** 00 = 10:00 am

Interval start, HDR class has a free start from 10:00 am to the time of the last starting competitor according to the starting list for the respective stage.

Distance EC – Start: 1,550 m, 30 m climb.

**Map:** Radeč

Scale 1 : 10 000

Contour interval 5 m

Mapping standard ISOM2017-2

Mapped in summer 2021 by Z. Sokolář, J. Borůvka, P. Uher

Special map symbols: green circle - prominent large tree; green cross - root stock; brown triangle - small plateau

**Finish:** Distance from finish area to EC: 1200m. Time limit 150 minutes.

**Terrain:** Rocky and very challenging terrain, deep valleys, several smaller rock towns, steep slopes with stones. Runability is partly limited by high blueberries or fern. We recommend covering lower limbs.

**Course setters:** Šárka Sokolářová (R2) and Filip Stárek

**Controller:** Jindřich Kořínek (R2)

**Warning:**

- Start is close to the finish and the way is common (marked by blue-white ribbons). You can leave your stuff in the finish area.
- There will be toilets and drinking water at the pre-start.
- There are high cliffs and very dangerous areas in the competition area, please be very careful! Mind that you compete at your own risk.
- Most of the classes have at least one refreshment point equipped with water on the course. Refreshments are located on controls 61, 71 and 101 (marked in the control descriptions with the appropriate symbol) and on the route choice (drawn on the map with the appropriate symbol).
- There are several small-scale areas with windfallen trees - marked with purple hatches on the map.
- Some controls are close to the Out-of-bounds areas.
- Pay close attention to the sequence of control numbers. Read carefully codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules).



**Embargoed areas:**

- Strict ban on entry to private land and all fences! Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.

### **STAGE 3 – Middle distance**

**Sunday 22. 08. 2021**

**Start:** 00 = 09:30 am

Interval start, HDR class has a free start from 9:30 am to the time of the last starting competitor according to the starting list for the respective stage.

Distance EC – Start: 1,250 m, 90 m climb.

**Map:** Jezírka

Scaled 1 : 10 000 for DH16 – DH21; 1 : 7 500 for other classes

Contour interval 5 m

Mapping standard ISOM2017-2

Surveyed in summer 2021 by Z. Sokolář, P. Matula, J. Borůvka

Special map symbols: green circle - prominent large tree; green cross - root stock; black cross - wooden shelter, advertising flag

**Finish:** Distance from finish area to EC: 1,600 m. Time limit 90 minutes.

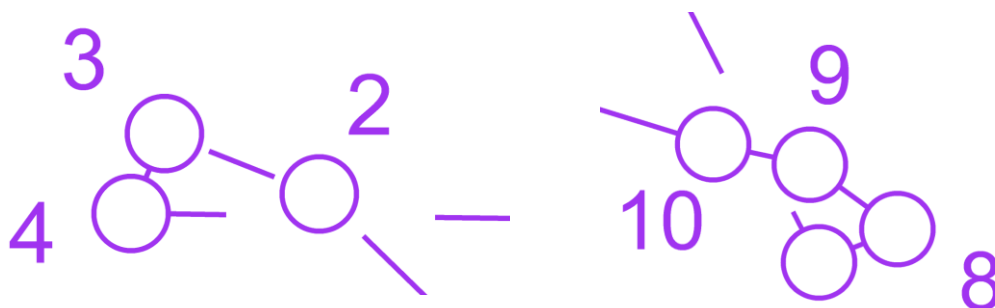
**Terrain:** Rocky and very challenging terrain, several smaller rock towns, slopes with stones. Runability is partly limited by high blueberries or fern.

**Course setters:** Michaela Omová and Jan Schulhof (both R3)

**Controller:** Daniel Wolf (R1)

**Warning:**

- Way to the start leads partly along the road. Be very careful. Educate or accompany your children.
- There will be toilets and drinking water at the pre-start.
- Way from the finish is marked by red ribbons.
- There are high cliffs and very dangerous areas in the competition area. Be careful. You compete at your own risk.
- Pay close attention to the sequence of control numbers. Read carefully codes of the controls, courses have several crossings and there is a big number of controls in a relatively small area, often close to each other (within the rules).



**Embargoed areas:**

- Strict ban on entry to private land and all fences. Forbidden areas are drawn on the map with purple hatches (709 Out-of-bounds area) and will be bordered in exposed places by tape and randomly guarded by the organizers. Entry into such areas will lead to disqualification and damage to the forest will be handed over to the management of the Bohemian Paradise PLA.
- There is also a ban on entry to all private lands marked on the map with the symbol 520 - Area that shall not be entered.



## **The Best Puncher show powered by O-RUN**

**Date:** Saturday, August 21

**Race system:** One-round with free order.

**Punching system:** Traditional punching with pinners, all pins must be in a cell. Paper card check and the final decision to be made by the main controller.

**Classes:** O-RUN Best Puncher, U14 (for DH14 and younger)

**Qualification:** At any time from 1:30 pm to 4:30 pm. Fastest 16 punchers will proceed to the final. Fastest 4 young punchers (up to 14 years) proceed to the separated final U14. Each competitor has a maximum of 1 attempt to complete the race.

**Final:** At 5:30 pm at the EC. In pairs on parallel courses according to the results of qualification. If one of the finalists is not present, next competitor in a row will participate.

Complete rules will be published at the EC.

**Expected time:** 1 minute for the winner of O-RUN Best Puncher.

**Entry fee:** No entry fee for Nice Holidays participants.

**Prize giving:** On Sunday, August 22, just before the official prize giving ceremony.

**Main controller:** Kryštof Karatsiolis

Prizes were provided by our main partner, O-RUN company, to whom we'd like to sincerely thank.